

PE Progression of Vocabulary Document

Basketball		
<p>Year 1/2</p> <p>Ball, moving, pass, basket, catching, throwing, bouncing, balance, positioning, accuracy, tournament, games, court</p>	<p>Year 3/4</p> <p>Ball, moving, pass, basket, catching, throwing, bouncing, balance, positioning, accuracy, tournament, skills, games, court, chest pass, shoulder pass, bounce pass, dribbling, comparison, performance, shooting</p>	<p>Year 5/6</p> <p>Ball, moving, pass, basket, catching, throwing, bouncing, balance, positioning, accuracy, tournament, games, court, chest pass, shoulder pass, bounce pass, dribbling, comparison, performance, shooting, half-court, defending, attacking, defender, attacker.</p>
Gymnastics		
<p>Year 1/2</p> <p>Movement, balance, travel, point balance, body weight, body management, front support, arch, jumps, splits, straddle, forward roll, teddy bear roll, back support, stretching, bench</p>	<p>Year 3/4</p> <p>Movement, balance, travel, point balance, body weight, body management, front support, arch, jumps, splits, straddle, forward roll, teddy bear roll, back support, stretching, vault, horse, jumping, star jump, broad jump, travelling steps, $\frac{1}{2}$ turn, whole turn, apparatus, bench</p>	<p>Year 5/6</p> <p>Movement, balance, travel, point balance, body weight, body management, front support, arch, jumps, splits, straddle, forward roll, teddy bear roll, back support, stretching, vault, horse, jumping, star jump, broad jump, travelling steps, $\frac{1}{2}$ turn, whole turn, dish, bridge, start, finish, cartwheels, approach, take off, apparatus, bench</p>
Cricket		
<p>Year 1/2</p> <p>Ball, cricket bat, throwing, catching, rolling, underarm, target, batting, movement, position, body position</p>	<p>Year 3/4</p> <p>Ball, cricket bat, throwing, catching, rolling, underarm, target, batting, movement, position, body position, skills, rules, bowling, direction, accuracy, fielding, long barrier, out, dismissed</p>	<p>Year 5/6</p> <p>Ball, cricket bat, throwing, catching, rolling, underarm, target, batting, movement, position, body position, skills, rules, bowling, direction, accuracy, fielding, long barrier, out, dismissed, bowl, positions, backing-up, match, rules, officials, umpires</p>
Badminton		
<p>Year 1/2</p> <p>Net, movement, racket/bat, balls/shuttle, over, hitting, throw, aim, technique, shot, target,</p>	<p>Year 3/4</p> <p>Net, movement, racket/bat, balls/shuttle, over, hitting, throw, aim, technique, shot, target, shuttlecock, hand-eye coordination, accuracy, rally, serve, backhand, forehand, return, clear, grip, smash, court</p>	<p>Year 5/6</p> <p>Net, movement, racket/bat, balls/shuttle, over, hitting, throw, aim, technique, shot, target, shuttlecock, hand-eye coordination, accuracy, rally, serve, backhand, forehand, return, clear, grip, smash, umpire, official, match, points, rules, doubles, court, boundaries</p>

Handball		
<p>Year 1/2 Ball, moving, pass, basket, catching, throwing, bouncing, balance, positioning, accuracy, tournament, games, court</p>	<p>Year 3/4 Ball, moving, pass, goal, catching, throwing, bouncing, balance, positioning, accuracy, tournament, skills, games, court, chest pass, shoulder pass, bounce pass, dribbling, comparison, performance, shooting</p>	<p>Year 5/6 Ball, moving, pass, goal, catching, throwing, bouncing, balance, positioning, accuracy, tournament, games, court, chest pass, shoulder pass, bounce pass, dribbling, comparison, performance, shooting, defending, attacking, defender, attacker.</p>
Athletics		
<p>Running - sprint, run, pump, reaction, speed, power, legs, muscles, relay, lanes, time Shot put - chin, push, power, glide, side, knee, explosive, toe, glide, direction, distance Javelin - field, grip, coordination, approach, speed, foul, distance, power, strength, Jumps - long jump, triple jump, distance, power, position, knees, landing, push,</p>		
General Terms		
<p>Year 1/2 Movement, health, eating, wellbeing, body, sport, physical, competitive, games, active, tactics</p>	<p>Year 3/4 Movement, health, eating, wellbeing, body, sport, muscles, bones, nutrition, warm-up, cool-down, rules, physical, competitive, games, flexibility, performance, strength, control, active, tactics</p>	<p>Year 5/6 , Movement, health, eating, wellbeing, body, sport, muscles, bones, nutrition, warm-up, cool-down, rules, physical, competitive, games, flexibility, performance, strength, control, tactics</p>