



Red Nose Day - Friday 24th March

Dear Parents/Carers,

On Friday 24th March we will be celebrating Red Nose Day. We aim to raise lots of money while having fun at the same time.

Right, who's up for a laugh?

We will be holding a joke competition – it is 50p to enter and children will need to collect a joke form from their class teacher to be completed and returned to school.

Wear something red (50p)

Join in the fun by either wearing something red or by coming to school in non-school uniform.

Cake sale (20p for fairy cakes and 50p for cupcakes)

We need as many cakes as possible to sell during break times. So if you could donate either homemade or bought fairy cakes or cupcakes then it would be very much appreciated. Cakes will be on sale during break times. Any left-over cakes will be on sale at the end of the school day.

Red noses for sale

From Monday 20th March, red noses will be for sale during break times for £1. We have ordered 400 and hope we will be able to sell all of these!!!

Basketball challenge

Children will be able to take part in this in PE throughout the week. For a £1 entry fee children will be seeing who is able to complete the most baskets possible in the time given – there are four basketballs as prizes for F, Years 1 and 2, Years 3 and 4 and Years 5 and 6, so get shooting!

We really hope that you will support us in raising lots of money for Red Nose Day 2017.

Yours faithfully
Miss E Tuffey

What to do when your child has a problem in school

1. Please try not to over-react or feed your child's anxiety – remaining calm is the best thing you can do to help your child if they are upset.
2. Always take your child's concerns seriously but nor should you just rely on what they have said; children often get confused about what has happened and sometimes don't like to admit to parents what they might have done themselves.
3. Talk to a member of staff to get a clearer picture. In the first instance you should usually talk to your child's teacher. You may have to allow some time for them to find out more information.
4. If your child is concerned about another child, please let the school investigate the problem. School staff are highly skilled at talking to children and understanding different sides to events to create a clear picture which we can then feed back to you.
5. **You should never approach children yourself as they will often find this intimidating.** Also, very few parents are happy with other adults questioning their children.
6. If you are unhappy with the response you get from a teacher or feel that the matter is extremely serious, talk to a senior manager – one of Mr Stone, Miss Tuffey or Mrs Hodgson will usually be available at short notice.
7. If you wish to arrange a meeting, please let the office staff know what it's about if you can. This may make it easier to find a quick resolution.
8. Please don't ignore potential problems. The earlier we know about an issue the easier it will be to deal with it.
9. Please remember that we want all children at Fosse to be happy coming to school and to enjoy their time here. If a child is unhappy we need to know so that we can look to see what we may be able to change or improve for them.
10. Likewise, if your child is breaking rules or upsetting other children you can expect to be told so that we can work together to improve their behaviour to help make the school better for everyone.

Above all, please remember that most problems can be easily solved.

Positive mental health - staying calm and in control

We have found that we have increasing numbers of children who find it difficult to concentrate in class and who react badly to small disappointments. We are looking at this in different ways.

We continue to have '**Peer Massage**' sessions in class where pupils learn about appropriate touch in a calm environment.

We have started '**mindfulness**' assemblies this year with children from Year 1 to Year 6, providing children time for quiet reflection and positive thought.

We continue to look at '**positive mind sets**' in classes and Miss Mussa has recently had '**resilience training**' on how to support teachers to help children develop more 'grit, determination and resilience' inside and outside of school.

We will continue to look at a range of ways to support children to become happier and more confident learners. Please support this by reminding your child/ren that when something is difficult that staying calm and talking about the problem is always the best option!